



CREATING THE NEW NORMAL IN OUR HOMES

# Caregiving during COVID.

BROUGHT TO YOU BY NDWA IN PARTNERSHIP WITH HAND IN HAND

## 01 COMMUNICATION

- Open and ongoing about risk of exposure
- Be honest about where you go and who you see
- Flexible plans for where and how care is provided

## 02 COLLECTIVE SAFETY

- Find and facilitate safest transportation option
- Regular all household temperature checks
- Commit to social distancing and masks in public
- Provide hand sanitizer, mask, gloves and disinfectant

## 03 MAKE A FAIR AGREEMENT

- Create or amend a written work agreement
- Commit to fair pay and paid time off
- Adjust compensation to account for extra work, hours and/or risk level

## 04 PLAN FOR THE WORST CASE SCENARIO

- Provide resources on local access to health care, testing, and other emergency resources
- Suspend work with pay if anyone is exposed to, experiences symptoms or tests positive for COVID-19

## 05 STAY INFORMED

- Share this checklist with 3 friends and in your local parents online forum
- Share NDWA resource hub with your nanny
- Sign up to receive more tips, tools and resources from NDWA & Hand in Hand

