The coronavirus crisis has changed what it means to hire and manage attendants or caregivers or be a caregiver in our homes. The new guidelines as states re-open challenge us to think about how to get the support we need, and keep ourselves and workers we employ in our homes safe and healthy, while also recognizing everyone’s needs.

01 COMMUNICATION
- Open and ongoing about risk of exposure - if people in the household are in regular contact with people outside the home or if the worker has multiple clients.
- For family caregivers, remind loved ones receiving care and support about protections necessary to keep them and others safe.
- Don’t forget to check in on how the worker and their families are.
- Come to a shared understanding about collective safety practices.

02 COLLECTIVE SAFETY
- Wash your hands with soap after any physical contact for at least 20 seconds.
- Do not touch your face.
- Ensure workers access to hand sanitizer, mask, gloves and disinfectant.
- Provide good ventilation, by opening windows or doors.
- Wipe down surfaces that are frequently touched like door knobs and countertops.
- Find and facilitate safest transportation option for the worker.
- Commit to social distancing and wear a mask in public.

03 BE THAT GREAT CLIENT
- Ask family or friends for support in the event that the worker is not able to come.
- Suspend work with pay if anyone is exposed to, experiences symptoms or tests positive for COVID-19.
- If needed, assist worker in finding new work with strong recommendations.

04 PLAN FOR THE DIFFERENT SCENARIOS
- Commit to fair pay adjusting compensation to account for extra work and/or risk level.
- If working with an agency, confirm paid time off, benefits and providing of protective equipment.
- Work with your case manager as needed to support changes in staffing and support.

05 STAY INFORMED
- Keep up to date on CDC guidelines.
- Share this checklist with 3 friends and in your neighborhood online forum.
- Share NDWA’s resource center with your homecare worker or attendant.
- Sign up to receive more tips, tools and resources from Hand in Hand.

CREATED BY:
CARING ACROSS GENERATIONS, HAND IN HAND: THE DOMESTIC EMPLOYERS NETWORK, THE NATIONAL DOMESTIC WORKERS ALLIANCE, AND SENIOR & DISABILITY ACTION.